

Please note these handmade masks are NOT 100% sterile, nor are they 100% effective against Covid-19. NY State has mandated that everyone should wear some type of mask cover to protect others whenever social distancing is not possible.

Below are some tips on how to best wear a mask safely taken from a NY Times article from 4.08.2020. These safety tips are quoted from Dr Scott Segal from Wake Forest Baptist Health and Dr. Siddhartha Mukherjee from Columbia University.

<p><b>DON'T:</b> Wear the mask below your nose.</p> 	<p><b>How NOT to Wear a Mask</b></p> <p>Dr Scott Segal, Wake Forest Baptist Health and Dr Siddhartha Mukherjee, Columbia University</p>	<p><b>DON'T:</b> Leave your chin exposed.</p> 
<p><b>DON'T:</b> Wear your mask loosely with gaps on the sides.</p> 	<p>Article from NYT 4.8.2020</p> <p><b>DON'T:</b> Wear your mask so it covers just the tip of your nose.</p> 	<p><b>DON'T:</b> Push your mask under your chin to rest on your neck.</p> 

SOUL RYEDERS is grateful to the many volunteers that have made these handmade masks.

<p>Always wash your hands before and after wearing a mask.</p>	<p><b>How to Wear a Mask Safely</b></p> <p>NYTimes 4.8.2020 by Tara Parker-Pope</p> <p>Expert Advice from Dr Scott Segal, Wake Forest Baptist Health and Dr Siddhartha Mukherjee, Columbia University</p>	<p>For apartment dwellers, put the mask on and remove it while inside your home. Elevators and stairwells can be high-contamination areas.</p>
<p>Use the ties or loops to put your mask on and pull it off.</p>		<p>Wash and dry your cloth mask daily and keep it in a clean, dry place.</p>
<p>Don't touch the front of the mask when you take it off.</p>	<p><b>DO:</b> Wear your mask so it comes all the way up, close to the bridge of your nose, and all the way down under your chin. Do your best to tighten the loops or ties so it's snug around your face, without gaps.</p>	<p>Don't have a false sense of security.</p>