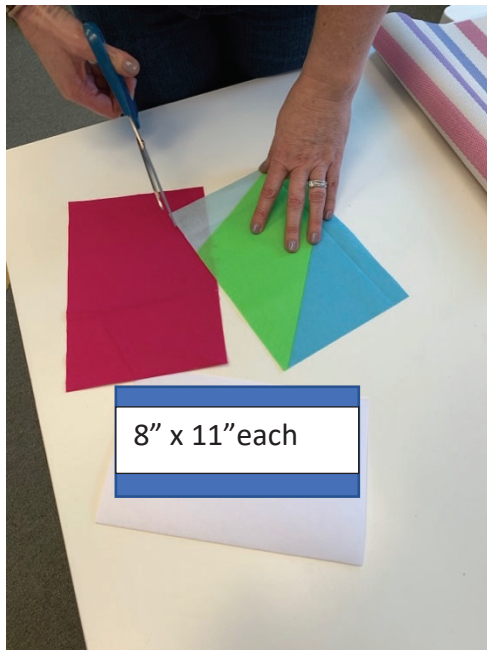


How to make a Face Mask Cover for An Adult

WARNING: the masks that are being created are **not sterile and not intended to be respiratory protection**. The masks being sewn are to be placed by medical staff over their N95 respirator mask in an effort to extend the useful life of the N95 respirator in a time when there is a severe worldwide shortage. **No one should use these masks to protect themselves or others from respiratory particles.**

SEE BOTTOM OF THIS GUIDE FOR WHERE TO FIND SUPPLIES AND WHERE TO LEAVE COMPLETED MASK COVERS.



What You Will Need:

Cotton fabric – pillowcases and sheets are perfect or finely woven cotton fabric. There are For each mask you will need 2 pieces of fabric 8" x 11".

Elastic* - beading cord elastic will work or you may also us 1/8" flat elastic - Cut the elastic 8" long and tie a knot at each end (a double knot if the elastic is very thin). You will need 2 pieces for each mask.

*If you need to improvise you could add ties (ribbons, string etc), hair ties could be used, wide elastic can be split if it is ribbed (just cut along the ribbing)

How to make a mask cover:-

1. Place the two pieces of fabric together with right sides facing



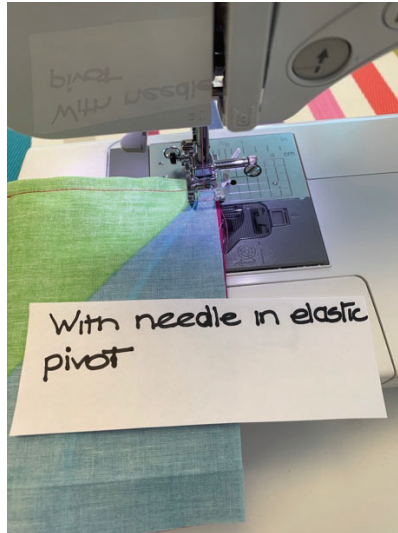
2. Starting at the center of the bottom edge, sew to the first corner, stop.



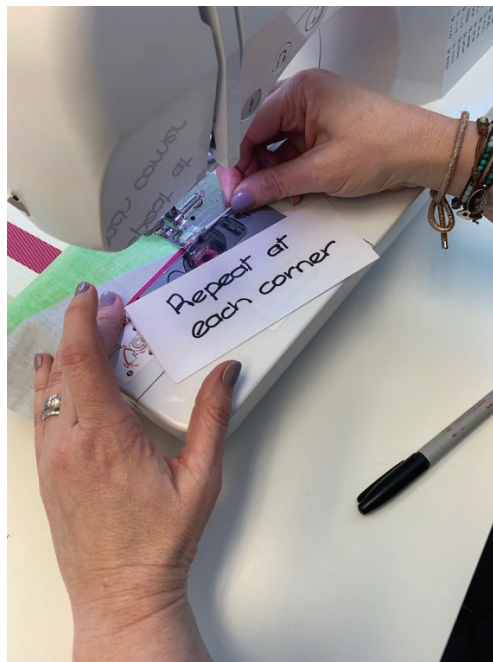
3. Insert one piece of elastic between the 2 pieces of fabric, making sure the knot is sticking out at the corner. Continue sewing, making sure the needle goes through the elastic.



4. Sew to the next corner, stop, and bring the other end of the same elastic to the corner making sure the knot is sticking out. Sew through the elastic.



5. Continue sewing to the next corner. Insert the other piece of elastic with the knot sticking out.

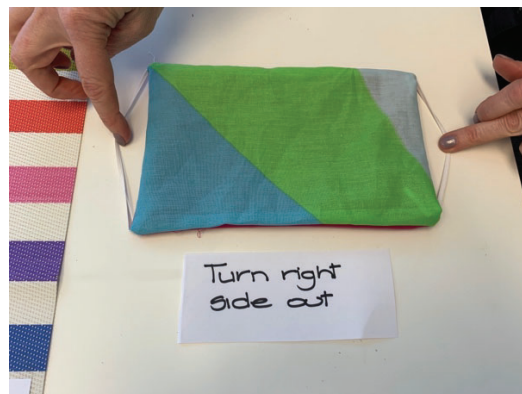


6. Sew to the next corner and sew in the other end of the same elastic.

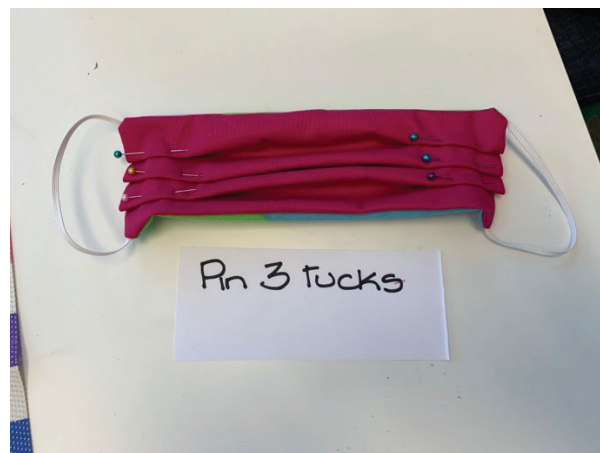
7. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread.



7. Turn right side out.



8. Pin 3 tucks on each side of the mask. Make sure the tucks are all going in the same direction.



8. Sew around the edge of the mask making sure to stitch the tucks in place and the opening closed.



You are finished!

MATERIALS:

- Fabric cut into 8" x 11" rectangles. Use old sheets, pillow cases, leftover fabric. Please bag the rectangles in clean ziplock bags with 50 pieces each inside and drop off at the SOUL RYEDERS front porch (1091 Boston Post Rd, Rye) into the bin labeled PRE-CUT FABRIC.
- Thread: if you have any to donate, please place in clean ziplock bags and drop off at the SOUL RYEDERS office and place them in the bin labeled SUPPLIES FOR MASKS
- Elastic: this is difficult to find in stores and online. Please search your home: use elastic from fitted sheet, stretchy sneaker laces, jewelry making elastic cord or anything else you can think of. Be creative! Place in clean ziplock bags and drop off at the SOUL RYEDERS office and place them in the bin labeled SUPPLIES FOR MASKS located on our front porch.

SEWING NEEDED:

- If you have your own machine, can sew competently and follow the pattern below, you can gather your own fabric and elastic or pick it up from the bins at SOUL RYEDERS office (1091 Boston Post Rd., Rye).
- Please wash the completed masks and return them to the SOUL RYEDERS office and place them in the COMPLETED MASKS bin in clean ziplock bags of 25 masks each.
- Please wait until Monday if you are picking up fabric as we need time to build a stash.