

SOUL RYEDERS

SOUL STRONG WORKSHOP

April 10, 2018

Medical Marijuana Now

Dr. Lynn Parodneck is a licensed physician in New York State. She was diagnosed with breast cancer in 2012 after a routine mammogram/sonogram. A graduate of New York Medical College she completed her internship at Saint Vincent's Hospital in Greenwich Village, NYC. She completed her residency in OB/Gyn at NYU/Bellevue and was in private practice in Manhattan. She currently resides and practices in the Mount Kisco area.

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Qualifying conditions for medical marijuana use include: Cancer, HIV/AIDS, ALS, Parkinson's, MS, Spinal cord injury with spasticity, Epilepsy, Inflammatory bowel disease, Crohn's Disease, Neuropathy, Huntington's Disease, Chronic Pain, PTSD, fibromyalgia, psoriasis, and many other medical conditions do qualify

Process for receiving a medical marijuana card:

- Search the NY state registry to find a doctor certified
- The doctor will review your records
- Receive your certificate from the doctor
- Register online
- Receive your card in the mail

If an individual is interested, they should contact a clinician who is accredited to do this. The certified doctor will prescribe with options including capsules, oils, or vape pen.

White Plains is the closest dispensary to Rye, can shop in NY.

With the proper documentation, patients can go to Maine.

Can be used for pain, lymphedema, neuropathy, appetite, skin issues, anxiety, depression, and more.

Useful websites:

Charlotte's Web (for oils of CBD): <https://www.cwhemp.com/>

CBD Please: <http://www.yankeecaregivers.com/cbd-please/cbd-products/>

Project CBD: <https://www.projectcbd.org/>

Dr. Sulak: <https://healer.com/>

Leafly: <https://www.leafly.com/>

Rick Simpson Oil: <https://www.leafly.com/news/cannabis-101/what-is-rick-simpson-oil>

Patient Information Brochure

<https://www.health.ny.gov/publications/1049.pdf>

<https://www.health.ny.gov/publications/1083.pdf>