

## Mala Necklace Instructions (long necklace)

Materials needed: #10 needle and silk thread      72 shiny beads  
#2 needle and silk thread      36 matte beads  
a standard needle      a guru bead  
4 marker beads      a tassel  
108 seed beads      glue

1. Use the #10 needle and silk thread with the bead stopper on the end to start
2. Thread on the 'marker' bead (dark pink), first
3. If using a 'seed' bead, bead that one next and in between each bead moving forward
4. Thread on the shiny bead next
5. Between the first marker bead and the second marker bead there should be 36 shiny pink beads
6. After the second marker bead, continue with 18 matte pink beads
7. Add the third marker bead and stop
8. Pull out the #2 needle and silk thread and unwrap all the way
9. Thread the guru bead (the large pink stone)
10. Leave 10 inches of thread at the end as a tail
11. Thread the needle of the #2 through the third marker bead starting from the seed bead side (or the side with the matte bead)
12. Pull through and remember to keep the 10 inch tail
13. Thread back through the marker bead a second time in the same direction as step 11
14. Now, thread the #2 back down the guru from the top so when you pull the thread through the guru will be tight up against the marker bead and you will have two pieces of thread hanging from the bottom of the guru
15. Knot the thread 2x up against the bottom of the guru so it is snug and holding the guru up against the marker bead
16. Put a dot of glue on this knot and let it dry (overnight)
17. Cut the tails of thread so they are both about 10 inches long
18. Use a regular needle and thread them both
19. With the needle, loop the thread through and around the loop of tassel thread on top of the tassel 3 times
20. Knot off the thread 2 times on top of the tassel so the tassel is up against the guru stone
21. Put a dot of glue on this know and let dry
22. Trim the remaining thread when glue is dry
23. Use this remaining thread to make a few knots around the thread joining the third marker and the guru stone. This will help to ensure that the stone doesn't cut the thread in between the bead and guru. Add a dot of glue on this know and then trim when dry.
24. Go back to your #10 needle and thread and continue with a seed bead, if using, or the matte bead.
25. Add 18 matte beads in the same fashion as before
26. Thread your last marker bead
27. Add 36 shiny beads to finish beading
28. Thread through the first marker bead and knot 2 times. Dot of glue, dry and trim.
29. You, my dears, now have your very own mala necklace that you made yourself!!

Congratulations

